

# Get Ready For Emergencies and Pack Your Gear!

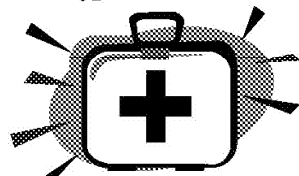
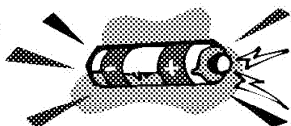
**B**rea will be ready if each household and business makes a resolution to be prepared. It's important to take action now for a safe new year.

Stocking up now on emergency supplies will add to your comfort and safety during an earthquake or any other emergency. Store enough supplies for at least 72 hours. Make a plan for family evacuation and communication. Establish an out of state contact point.

## Supplies Checklist

### Essentials:

- Water – 1 gallon per person per day
- Water purification kit
- First aid kit freshly stocked
- First aid book
- Non-perishable foods
- Can opener (non-electric)
- Blankets or sleeping bags
- Portable radio, flashlight and batteries
- Essential medications
- Extra eyeglasses and keys
- Fire extinguisher – ABC type
- Cash and change
- Pet supplies
- Baby supplies – disposable diapers, wipes, formula, clothing, etc...



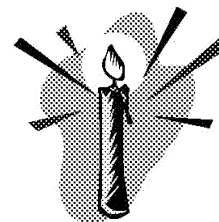
### Safety and Comfort:

- Sturdy shoes
- Heavy gloves for clearing debris
- Candles and matches, light sticks
- Change of clothing
- Knife or razor blades
- Garden hose for siphoning or firefighting
- Tent
- Paper, pen, stamps



### Cooking:

- Plastic knives, forks, spoons
- Paper plates and cups
- Paper towels
- Heavy-duty aluminum foil
- Camping stove for outdoor cooking (always check for gas leaks first)



### Sanitation:

- Large plastic trash bags for waste; to use as tarps and rain ponchos
- Large trash cans
- Bar soap and liquid detergent
- Toothpaste and toothbrushes
- Shampoo
- Toilet paper
- Household bleach
- Feminine hygiene supplies



### Tools and supplies:

- Axe, shovel, broom
- Adjustable wrench for turning off gas
- Tool kit with screwdriver, pliers and hammer
- Coil of 1/2" rope
- Plastic tape, staple gun and sheeting for window coverage
- Bicycle
- Maps

