

# Thanksgiving Fitness Schedule

Thursday, 11/28

**BCC HOURS:**  
7 am-12 pm

***“Burn the Bird”  
Thanksgiving Workout***

9-10:30 am (\*\$25)  
Pre-registration (\*\$20)

**Thanksgiving Zumba Jam**

10:30 am - 12 pm  
**FREE** for Annual Members  
Non-Members (\*\$5)

\*Non-Resident fees apply  
All Group X Classes cancelled.

**Kid Watch Open**  
8 am-12 pm

Friday, 11/29

**BCC HOURS:**  
7:30 am-2 pm

***Black Friday Sale***  
8 am-2 pm

***Group X Classes***

BodyPump - 9am  
*Cema*

Yoga - 10 am  
*Kris*

SilverSneakers - 11am  
*Arlinda*

Zumba - 12pm  
*Pamela*

All other Group X Classes cancelled.

**Kid Watch Closed**